

MORE FOR YOU



Plumbers Local Union No. 1

FUND OFFICE

Home of your Employee Benefits

MARCH WEBINAR

Plumbers Local Union No. 1 Headquarters - 50-02 Fifth Street, Long Island City

Join us as representatives from Optum and the Fund Office conduct this Benefits education session

Learn more about Your Benefits

Visit our new Portal @ MyBenefits.nypl1f.org

Join us, as our Mental Health / Substance Use Benefits provider, Optum, provides information on their service offerings and your Employee Assistance Program (EAP) benefits.

In this session, Optum will show you how to use their website, mobile app, Tele-behavioral-health offerings and various other tools available to you and your family.

Due to COVID 19 mandates this session will be conducted virtually. You can participate by using a computer, tablet or smartphone. You can also join by audio only by calling in. You will need to register by going to www.ualocal1funds.org for a registration link for this event.

Wednesday, March 24, 2020

Optum 6:00 p.m. – 7:00 p.m.

Please plan to attend this session and take the time to ensure you're utilizing all the offerings available to you through the Fund Office and your providers!

REMEMBER to make sure you visit Optum's web-site (www.liveandworkwell.com) or download their mobile app prior to the session to ensure you're familiar with the sites' content and to come with any questions you may need answers to meeting with Optum.

Save the Date! For more information you can visit www.ualocal1funds.org and click on the 2021 Monthly Workshop link or call the Fund Office at (718) 835-2700, Welfare Department.