



You're Invited to the 24th Annual Benefit Fair!

Plumbers Local Union No. 1 Welfare Fund
Home of Your Employee Benefits

Wednesday, October 15th: 3:00_{pm} - 6:00_{pm}

Plumbers Local Union No. 1 Headquarters - 50-02 Fifth Street, Long Island City

October Membership Meeting will begin immediately following the Benefit Fair
Annual Blood Drive will be held during this event

**Let's Make
October Your
Health Care
Month**

Visit our new portal at
MyBenefits.nyp11f.com

**Prevention
Rather
Than
Cure**

Retirement Planning

- United Association National Pension Fund
- Schedule your one-on-one session with a representative from Empower by visiting:

<https://ualocal1.empowermytime.com/>

Benefit Information

- Anthem BC/BS
- Optum Behavioral Health
- Aetna Medicare Advantage
- CVS/caremark®
- Live Health Online
- Member Assistance Plan
- Meet your Service Providers

Refreshments/Give-a-Ways

- Refreshments
- Give-a-Ways
- Raffle Prizes*

* Sponsored by
Local 1,
the ACP
and your Service Providers

Preventive Care

- **NEW**
 - Introducing our NEW 2026 Diagnostic Screening Services*
 - Bone Density Screenings *
 - Functional Strength Testing*
- **RETURNING**
 - Seasonal Flu Shots*
 - Pulmonary Function Testing*
 - Skin Cancer Screenings*
 - Therapeutic Massage*

You can better ensure wellness and good health by taking advantage of **free** annual physical examinations and other preventive screenings!